



THE GLADES
GOLF CLUB

Viva Summer Menu

Food Times:

Monday - Thursday 8am - 2.30pm

Friday - Saturday 7.30am - 3pm

Sunday 7.30am - 2.30pm

ALL DAY BREAKFAST

Bacon & Egg Roll \$11 (T/A)
with BBQ sauce & aioli

Avocado & Egg Roll \$11 (V) (T/A)
with baby spinach, tomato & aioli

Breakfast Wrap \$15 (T/A)
fried egg, bacon, spinach, cheese & tomato relish served with a hash brown on the side.

All Day Breaky \$22
two fried eggs, crispy bacon, cherry tomatoes, hash browns served with Turkish bread

BAR SNACKS

Golden Fries \$10 (V) (T/A)
served with aioli

Wedges \$11 (V) (T/A)
served with sour cream & sweet chilli sauce

Salt & Pepper Calamari \$15
served with aioli

Arancini Balls \$15 (V) (T/A)
filled with roasted butternut pumpkin, spinach & cheese served with tomato relish

Tempura Prawns (5) \$17 (T/A)
served with sweet chilli sauce

Duck Spring Rolls (4) \$17.5 (T/A)
served with hoisin dipping sauce

LUNCH FAVOURITES

Share Platter for 2 \$49
4 tempura prawns, salt & pepper calamari, 4 arancini balls, beetroot hummus, roast capsicum & fetta dip, olives, feta, petite salad and toasted pita wafers

Beer Battered Barramundi \$24
served with a side salad, golden fries, aioli & lemon

Grilled Barramundi fillet \$26 (GF)
nestled on sweet potato fondant, roasted zucchini, capsicum, cherry tomatoes, avocado & cucumber salsa

Salt & Pepper Calamari \$24
served with golden fries, salad greens, aioli & lemon

Chicken Parmigiana \$24
crumbed chicken breast topped with ham, cheese & napolitana sauce served with a side salad & golden fries

Potato Gnocchi \$24 (V)
tossed with baby spinach, roasted butternut pumpkin, danish fetta, roasted cherry tomatoes & basil pesto

French Pastry Tart \$22 (V)
filled with baby spinach, roasted butternut pumpkin, danish fetta, semi dried tomatoes & basil pesto dressing

SALADS

Warm Chicken Tenderloin Salad \$24 (GF)
salad greens, roast carrots, semi dried tomatoes, avocado, fetta, tomato karsundi relish & apple crisps

Salt & Pepper Calamari Salad \$24
with vermicelli noodles, salad leaves, chilli, fried shallots & nahm jim dressing

Lentil & Chickpea Salad \$24 (V) (GF)
with baby greens, beetroot hummus, roasted sweet potato & pumpkin with a tomatoes & avocado salsa

Health Kick Bowl \$27 (GF)
Tasmanian Salmon Fillet served with brown rice, black quinoa, toasted shredded coconut, flake almonds, edamame beans, cherry toms, carrots, avocado topped with honey lime dressing

SANDWICHES & BURGERS

BLAT \$16 (T/A)
bacon, lettuce, fresh avocado, tomato & aioli on Turkish bread

Club Chicken Wrap \$22 (T/A)
cajun chicken, bacon, fresh avocado, spinach, tomato & aioli with golden fries

Chicken Burger \$22 (T/A)
mixed leaf, tomato, beetroot, fresh avocado, american cheese, aioli with golden fries

Beef Burger \$22 (T/A)
grilled beef patty, mixed leaf, tomato, beetroot, American cheese, tomato relish & aioli with golden fries

Gluten free bread available on request \$2

Turkish bread available on request \$1

KIDS - 12 & UNDER

Chicken nuggets, chips & salad \$12 (T/A)

Battered fish, chips & salad \$12 (T/A)

Cheese burger, chips & salad \$12 (T/A)

SNACKS

Sandwich \$9 or Toasted \$10 (T/A)

Pie or Sausage Roll \$6.5 (T/A)

Muffin \$5 (T/A)

Chocolate Bars \$3.5 (T/A)

Nobby's Nuts from \$4 (T/A)

Red Rock Deli Chips \$4 (T/A)

KEY: V = Vegetarian GF = Gluten Free T/A = Take away

PLEASE NOTE: 15% surcharge applies on public holidays